

Dr. Jim Loehr

Chairman, CEO and Co-founder of Human Performance Institute

Dr. Jim Loehr is Chairman, CEO, and Co-founder of the Human Performance Institute, a training company that has successfully utilized energy management technology to improve the productivity and engagement levels of elite performers from the world of business, sport, medicine, and law enforcement for over 30 years. A world-renowned performance psychologist, Dr. Loehr is the author of thirteen books including the national bestseller *The Power of Full Engagement*.

Jim appeared on The Oprah Winfrey Show where an entire program was devoted to his ground-breaking Energy Management training system and concepts. He has also appeared on NBC's Today Show, ABC's Nightline with Ted Koppel, The CBS Evening News with Dan Rather and CBS Morning News. Dr. Loehr's work has been chronicled in leading national publications including the Harvard Business Review, Fortune, Newsweek, Time, US News and World Report, Success, Fast Company and Omni.

Jim has worked with hundreds of world-class performers from the arenas of sport, business, medicine and law enforcement including Fortune 100 executives, FBI, Hostage Rescue Teams and Army Special Forces. His elite clients from the world of sport include: golfer Mark O'Meara; tennis players, Jim Courier, Monica Seles, and Arantxa Sanchez-Vicario; boxer Ray Mancini; hockey players Eric Lindros and Mike Richter; and Olympic gold medal speed skater Dan Jansen.

Jim possesses a masters and doctorate in psychology, serves on several prestigious scientific boards and is a full member of the American Psychological Association, the American College of Sports Medicine, the National Strength and Conditioning Association, and the Association for the Advancement of Applied Sport Psychology.